

# ACCEPTING BEHAVIOUR

# Supporting autism/adhd

## students in education

## With Aaron Yorke

Aaron Yorke is an experienced specialist teacher, local authority SEN Advisor, and independent education consultant. He provides training on acceptance based approaches to schools, education settings and families to better support autistic children and those with social/communication differences. He also created The ACCEPT Approach, ™and is the founder of the organisation Accepting Behaviour.



### Feedback from previous sessions

"Aaron is amazing. He just really gets it. After hearing Aaron for the first time, I came away feeling everything is going to be alright"

"Your sessions give practical tips and help me feel supported, connected and give me hope."



01/03/2023-01/03/2024

"You sessions have been a life-line to me and the families we support."

www.acceptingbehaviour.com

## WHO IS IT FOR & WHAT WILL YOU GET?

This session is for anyone supporting young people/adults and their families wanting to learn new and practical ways to support young people/adults diagnosed with autism/adhd

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It will cover issues around understanding behaviour, and offer advice and strategies to help using acceptance based support

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There will be a dedicated questions and answers discussion after the session focusing on real life situations and how to apply acceptance.



## WHAT IS COVERED IN THE TRAINING?

## UNDERSTANDING ADHD/AUTISM

- 1. Key signs
- 2. Behaviours
- 3. Barriers

#### **HOW BEST TO SUPPORT**

You will learn effective and practical ways to support young people and adults with Autism/ADHD

### THINKING DIFFERENTLY

- 1. Introduction to the ACCEPT Approach
- 2. How to support more effectively

#### **FURTHER INFORMATION**

Further Info provided with websites and resources you can access.

